

# NewsLink

A NEWSLETTER OF LINK CHILD CARE RESOURCE & REFERRAL



## JULY.AUGUST.SEPTEMBER 2023

Now that the unpredictable weather of Spring is behind us, we can finally get excited about Summer! As the earth warms, we discover that there is no shortage of wonderful outdoor activities in which to engage. Whether you enjoy taking long walks, running through sprinklers, catching fireflies, jumping in puddles, enjoying an outdoor concert, or chasing butterflies, Summertime has a little something special for everyone!

Inside this Summer edition of our NewsLink newsletter, you will find some incredible professional development opportunities, as well as many ideas tucked inside the pages to help you engage those little ones in your care. As always, don't hesitate to let your Link Professional Development Training Team know how we can help you! Your voice matters and we love hearing your suggestions and ideas to improve the quality of the early care and education in our region.



### 4th of July Bicycle Parade

Join forces with the families in your neighborhood and child care site and host a 4th of July Bicycle Parade! Have children dress in their patriotic best and go crazy decorating their bikes, trikes, and scooters. Then, in a safely pre-designated area, line the parade route with family and friends and blast those all-American tunes!



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# LINK CCR&R

## PROFESSIONAL DEVELOPMENT TRAINING TEAM

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**Jessica Wilcoxon**

Quality Improvement Specialist  
Jessica.L.Wilcoxon@wv.gov







My name is Courtney Golden. I am a 2005 graduate of Eastern Kentucky University, with a double Bachelor of Science in Multi-Categorical Special Needs and Elementary Education. Striving to further my knowledge in regards to child development, I graduated from Marshall University in 2020, with my Master of Arts in Early Childhood Special Education, with an endorsement in Birth to Three and Autism.

I have worked with various ages of children, both professionally and personally, since a young age. The last 17 years have been spent as both a public and private school teacher in Kentucky and West Virginia.

Through my multiple career exposures, I have learned the importance of early childhood development and the beginning stages of timely intervention. The significance of these have become the stepping stones to the next endeavor of my career. I look forward to providing knowledge and support from my encounters.

I have been happily married to the love of my life for the past 15 years, and am blessed with two beautiful children. I feel exceedingly honored to have been chosen for the role as the new Behavioral Consultant. I look forward to working with caregivers, educators, and families throughout the state of West Virginia. I am extremely eager to get started with the company and foresee great things in the future.

# Descriptions of Professional Development Sessions

## **Acknowledge, Ask, and Adapt: Working with Parents on Difficult Issues**

In this session, we will discuss how to use a strategy called Acknowledge, Ask, Adapt. This strategy helps you communicate and understand the reasons behind the beliefs, values, and behaviors of families in addition to responding in culturally sensitive ways. We will talk about ways caregivers can help parents by easing concerns about their child in child care and how you, as the caregiver, can better relate to parents in moments of frustration.

## **Apples & Oranges: Childcare Professionals & Babysitters**

In this two-hour training session we will discuss why childcare professionals need to be looked at as educators and not just babysitters. We will learn how to present ourselves as a professional and talk about the “20 reasons why Early Childhood Educators are Essential”. We will also discuss why we should not compare the two and the differences between each role.

## **Be Confident about Confidentiality**

This training will discuss the importance of confidentiality in the early education environment. We will review laws on confidential information as well as other sources that include confidentiality policies.

## **Burn-Out: Recognizing the Signs and Reducing the Symptoms**

This training looks at the causes of employee burn-out, identifies the symptoms, and offers suggestions to overcome.

## **Developmental Modules for Preschool Age and Up**

These sessions will allow teachers to gain a better understanding of cognitive, physical and social-emotional development and why it is so important in the lives of the children in their care. They will gain knowledge about Piaget and Vygotsky's theories and how they apply to cognitive development; they will learn about fine and gross motor skills and developmental screenings; and they will deepen their understanding about Vygotsky's Sociocultural Theory and Erikson's 8 Stages of Psychosocial Development.

## **ECERS-3 Early Childhood Environment Rating Scale-3**

This session will go through and discuss each section of the assessment, scoring, and the importance of using this rating scale. Participants will be given the opportunity to take part in activities to help them better understand what to look for when using this tool.

## **Germbusters: Spreading the Word, Not the Germs**

In this session, participants will learn how to prevent the spread of germs and understand basic healthy behaviors. We will examine the difference between cleaning, sanitizing, and disinfecting, as well as proper hand-washing.

## **Infant Toddler Positive Behavior Interventions & Support Series (ITPBIS)**



The Infant and Toddler Positive Behavior Intervention and Support Series focuses on social and emotional support in all childcare settings. This five-week course is based on the Pyramid Model and will discuss evidence-based interventions that promote social, emotional, and behavioral development in infants and toddlers.

## **Infant Toddler Positive Behavior Interventions & Support Series (ITPBIS) Director Overview**

This session is an overview of the Pyramid Model and summary of the Infant Toddler Positive Behavior Intervention and Support Series. This overview is intended for Directors, or anyone interested in the ITPBIS module.



*“Summertime is always the best of what might be.”*

*~ Charles Bowden*





# Descriptions of Professional Development Sessions

## Leadership

In this online session, participants will become familiar with the skills and competencies required for effective leadership, learn how to promote leadership capacity at all levels of organization, determine how to best help new staff, and appreciate and embrace the work of others.

## Leadership in Action

This training is designed for individuals in positions of management. We will discuss topics such as what a leader is, effective leadership skills, facilitative leadership, and identifying program goals and objectives.

## Loose Parts Play: The What, Why & How Module Series

In this 5-part series, participants will learn WHAT loose parts play is, WHY it is important and it's benefits, as well as HOW to implement it for the children in their care.

## Outside: Mother Nature's Classroom

This session will get participants to consider that there is more to experience than just what is inside their programs. Mother Nature has a lot to offer at no cost and it is literally right outside the door.

## Professionalism 101

This training discusses the characteristics of professionalism in an early childhood educational setting.

## Ready, Set, Play! A Simple Guide to Exploring the Areas of Curriculum

This session will provide participants an opportunity to learn the importance of each area of curriculum and how to effectively create centers.

## RR Spreading HOPE: Healthy Outcomes from Positive Experiences



The HOPE (Healthy Outcomes from Positive Experiences) training will cover the effects of ACEs on health outcomes, the importance of positive childhood experiences, and the research showing their mitigating effects on ACEs. The four building blocks of HOPE will be introduced along with a discussion of type 1 vs. type 2 thinking. The presentation will offer some ideas of how to incorporate the HOPE Framework into practice with children and families.

## The 5 W's of Lesson Planning

This training will focus on lesson planning. We will discuss what a lesson plan is, the planning process, who is involved in that process, and the information that needs to be included on a lesson plan. This training will also look at the differences between an individualized plan and a group plan.



<https://pixnio.com/free-images/people/children-kids/children-love-playing-outside-and-this-child-was-thoroughly-enjoying-his-this-time-having-fun.jpg>



# Descriptions of Professional Development Sessions

## **The Growing Brain: From Birth to 5 Years Old**



This module series explores brain development of infants and young children from birth through age 5 in the context of relationships. Participants will investigate language and executive function and how the two are related. There will also be discussion of how relationships and attachment affect development and behavior. Participants will also discover how play positively affects children in all areas of development.

## **The Importance of Family Style Dining in Preschool**

Is family style dining something that gets overlooked in your preschool classroom? Do you have a hard time implementing it during mealtimes? In this two-hour training session, we will discuss the challenges and benefits of family style dining, how to start incorporating it, and review ideas to support learning activities during mealtimes.

## **"Twinkle Twinkle Little Star" and Beyond**

This interactive session supports the caregivers' understanding of how music and movement can be used to intentionally support language, fine motor, gross motor and social emotional development. Caregivers will explore ideas and examples of musical activities to incorporate into daily routines

## **Walk the Walk of Baby Talk**

In this two-session mini module series, caregivers "walk" through the typical stages of language development from young infants through toddlerhood. The "walk" leads caregivers to explore what to look and listen for at each developmental stage. Along the "walk" they will also discover ways to support language development for typically developing children, dual language learners, and those with learning delays.

## **WV Early Learning Standards Framework: Pre-K with Lesson Planning (WV ELSF)**

In this 3-part module series geared towards Pre-K teachers, you will receive an in-depth look at the WV Early Learning Standard Framework. You will learn about each of the content areas, domains, clusters, and standards and then how to connect them to a lesson plan. As a group, we will brainstorm ways teachers can meet the goals of the standards. At the end of the series, teachers will have a completed lesson plan to take with them to reference when planning future lessons and activities.



Professional development is an ongoing process. Trainers and administrators work together to monitor the personal and professional growth of infant/toddler caregivers and help to develop a plan that responds directly to the needs of the children in their care.



Administrators will get a preview of the training caregivers will participate in throughout WVIT R. They will also learn about their role in supporting the caregivers in their professional development journey.

## **Why So Dramatic? The Importance of Pretend Play**

In this 1-hour session, participants will learn the benefits of pretend play and what materials and experiences to offer in their dramatic play areas to help create an ideal learning environment.



<https://louisekool.com/collections/furniture/products/077-w313?variant=29133589837>



# July

DATE & TIME OF SESSION	LOCATION OF SESSION	CORE COMP TIER TARGET AGE	TITLE OF SESSION	PROFESSIONAL DEVELOPMENT PROVIDER
Wednesday July 5th 10:00am to 11:00am	<b>Online</b>	PL Basic All Ages	Burn-Out: Recognizing the Signs and Reducing the Symptoms	Jessica Wilcoxon
Thursday July 6th 12:00pm to 1:00pm	<b>Online</b>	CGD Advanced Administration	Infant Toddler Positive Behavior Interventions & Support Series (ITPBIS) Overview	Tracey Adkins
Tuesday and Wednesday July 11th and 12th 9:00am to 12:00pm	<b>Online</b>	PL Basic Administration	West Virginia Infant/Toddler Professional Development Program for Administrators (WVIT-R Admin)	Samantha Davenport
Wednesday July 19th 1:00pm to 2:00pm	<b>Online</b>	PL Intermediate Administration	Leadership in Action	Jessica Wilcoxon
<b>Thursday</b> <b>July 20th</b> <b>4:00pm to 6:00pm</b>	<b>Link CCR&amp;R</b>	CGD, EC Intermediate IT	"Twinkle Twinkle Little Star" and Beyond	Paula Tilley
<b>Tuesday</b> <b>July 25th</b> <b>5:30pm to 7:30pm</b>	<b>Link CCR&amp;R</b>	EC Intermediate All Ages	Outside: Mother Nature's Classroom	Amy Willis



TAKE STORYTIME  
*outside*





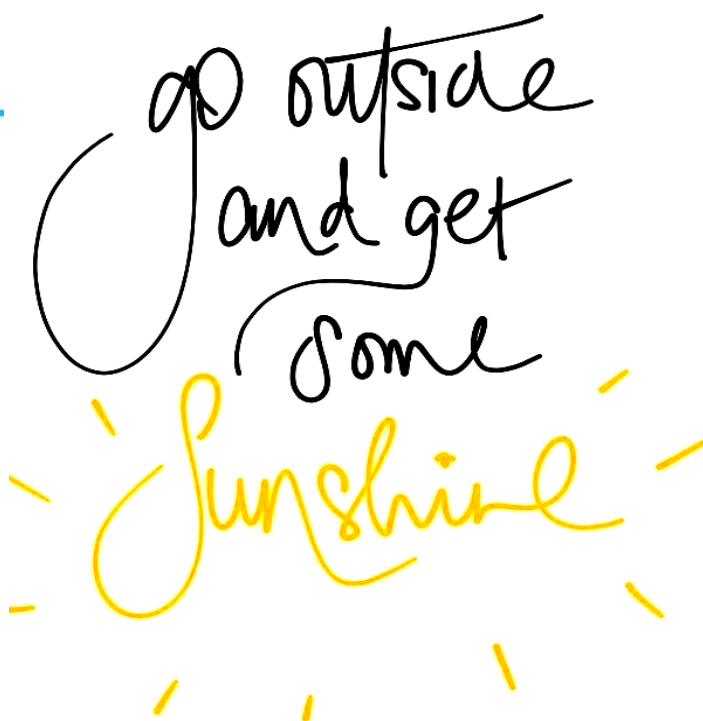
# August

DATE & TIME OF SESSION	LOCATION OF SESSION	CORE COMP TIER TARGET AGE	TITLE OF SESSION	PROFESSIONAL DEVELOPMENT PROVIDER
Wednesday August 9th 4:00pm to 5:00pm	Online	PL Basic All Ages	Professionalism 101	Jessica Wilcoxon
Wednesday August 16th 1:00pm to 3:00pm	Link CCR&R	CGD, EC Basic All Ages	The 5 W's of Lesson Planning	Jessica Wilcoxon
Monday August 21st 10:00am to 12:00pm	Online	PL Basic All Ages	Apples & Oranges: Childcare Professionals & Babysitters	Amber Swindler
Monday August 21st 5:30pm to 7:30pm	Link CCR&R	FC, PL Basic All Ages	Acknowledge, Ask, and Adapt: Working with Parents on Difficult Issues	Tracey Adkins

## SUMMER Bucket List

### 20 fun things to do

- ☐ go to the beach
- ☐ eat popsicles
- ☐ camp out
- ☐ make s'mores
- ☐ watch the sunset
- ☐ eat breakfast outside
- ☐ go fishing
- ☐ swim in the lake
- ☐ have a picnic
- ☐ drive-in movie
- ☐ go on a roadtrip
- ☐ have a craft day
- ☐ play mini golf
- ☐ go bowling
- ☐ read more books
- ☐ tech-free day
- ☐ ride bikes
- ☐ dessert for dinner
- ☐ have a water fight
- ☐ watch fireworks



www.kindlyunspoken.com

# September

DATE & TIME OF SESSION	LOCATION OF SESSION	CORE COMP TIER TARGET AGE	TITLE OF SESSION	PROFESSIONAL DEVELOPMENT PROVIDER
Wednesday September 6th 2:00pm to 3:00pm	<b>Online</b>	HSN Basic All Ages	Germbusters: Spreading the Word, Not the Germs	Jessica Wilcoxon
Wednesday September 13th 10:00am to 11:00am	<b>Online</b>	AM Basic All Ages	Be Confident about Confidentiality	Jessica Wilcoxon
Tuesday September 19th 6:00pm to 7:00pm	<b>Online</b>	CGD, EC Basic All Ages	Ready, Set, Play! A Simple Guide to Exploring the Areas of Curriculum	Melisa Dennison
Monday September 25th 10:00am to 12:00pm	<b>Online</b>	CGD, EC, HSN Basic PK	The Importance of Family Style Dining	Amber Swindler
Tuesday September 26th 6:00pm to 7:00pm	<b>Online</b>	CGD, EC Basic All Ages	Why So Dramatic? The Importance of Pretend Play	Melisa Dennison
Wednesday September 27th 12:00pm to 1:30pm	<b>Online</b>	CGD, FCR Intermediate All Ages	R&R Spreading HOPE: Healthy Outcomes from Positive Experiences	Tracey Adkins
Thursday September 28th 1:00pm to 2:00pm	<b>Online</b>	PL Intermediate Administration	Leadership	Amy Willis



*“Sun is shining. Weather is sweet. Make you wanna move your dancing feet.”*

*~ Bob Marley*



# Mini-Series

DATE & TIME OF SESSION	LOCATION OF SESSION	CORE COMP TIER TARGET AGE	TITLE OF SESSION	PROFESSIONAL DEVELOPMENT PROVIDER
See Page 12	<b>Online</b>	CGD, EC Intermediate IT	Walk the Walk of Baby Talk	Paula Tilley
See Page 13	<b>Online</b>	EC Basic All Ages	ECERS-3 Early Childhood Environment Rating Scale-3	Amy Willis



## ICE CREAM IN A BAG RECIPE

### INGREDIENTS:

- 1/2 cup half and half (cream and milk)
- 1/4 tsp vanilla
- 1 TBSP sugar
- 3 cups ice
- 1 1/3 cup kosher or rock salt
- Gallon size zip top bag(s)
- Quart size zip top bag(s)

Optional Toppings: Sprinkles, fruit, chocolate sauce, etc.

### HOW TO MAKE ICE CREAM IN A BAG:

STEP 1. Place the ice and salt in a gallon size bag; set aside.

STEP 2. In a smaller bag mix together half and half, vanilla and sugar. Make sure to seal the bag tightly.

STEP 3. Place the smaller bag inside the gallon size bag. Shake the bags for about 5 minutes until your milk is solid. If you find your ice cream in a bag not working, try it with more ice cubes and salt, and then shake for a further 5 minutes.

### Tips:

- Make sure to use gloves as the bag gets very cold.
- Store any uneaten ice cream in the freezer in a zip top bag.



# Module Series

DATE & TIME OF SESSION	LOCATION OF SESSION	CORE COMP TIER TARGET AGE	TITLE OF SESSION	PROFESSIONAL DEVELOPMENT PROVIDER
See Page 14	<b>Online</b>	CGD, FCR, EC, HSN, PL, AM Basic IT	West Virginia Infant/Toddler Professional Development Program for Caregivers (WVIT-R)	Samantha Davenport
See Page 15	<b>Link CCR&amp;R</b>	CGD, EC, HSN Basic All Ages	Loose Parts Play: The What, Why, & How Module Series	Melisa Dennison
See Page 16	<b>Online</b>	CGD, EC, PL Advanced IT	Infant Toddler Positive Behavior Interventions & Support Series (ITPBIS)	Tracey Adkins
See Page 17	<b>Link CCR&amp;R</b>	CGD, COA, EC Basic PK	WV Early Learning Standard Framework: Pre-K with Lesson Planning (WV ELSF: Pre-K)	Amber Swindler
See Page 18	<b>Link CCR&amp;R</b>	CGD Basic IT, PK	The Growing Brain: From Birth to 5 Years Old	Samantha Davenport Amber Swindler
See Page 19	<b>Link CCR&amp;R</b>	CGD, COA Intermediate PK, SA	Developmental Modules for Preschool Age and Up	Amy Willis

## Shadow Sidewalk Chalk Art

Creating sidewalk chalk art by playing with light and shadows is a great way to get the kids outside to learn, create and have fun! Invite children to trace shadows of people and objects and then use them to make sidewalk chalk art. Try tracing shadows at different times throughout the day to experiment and create shadow art of different shapes and sizes. You don't even have to fill in your shadow art tracings right away. Feel free to trace shadow art any time, and fill them in later. Just make sure your shadow art doesn't get wet and washed away before you have a chance to paint your shadows to make sidewalk chalk art. Sprinklers can turn on or rain can show up and erase the shadow art before children have the time to paint them so watch for that!



# Walk the Walk of Baby Talk!



In this two-session mini module series, caregivers “walk” through the typical stages of language development from young infants through toddlerhood. The “walk” leads caregivers to explore what to look and listen for at each developmental stage. Along the “walk” they will also discover ways to support language development for typically developing children, dual language learners, and those with learning delays.

Module One: August 10, 4:00pm - 6:00pm [Online](#)

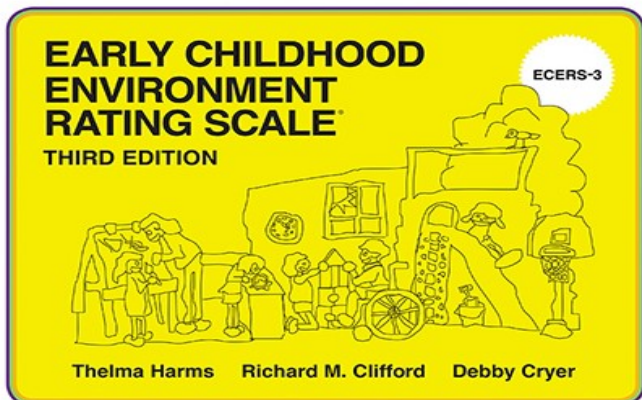
Module Two: August 17, 4:00pm - 6:00pm [Online](#)

To register contact: Paula (Stewart) Tilley

[Paula.S.Tilley@wv.gov](mailto:Paula.S.Tilley@wv.gov) Please include your name and STARS number.

Registration Deadline: 4:00pm August 8

# ECERS-3 EARLY CHILDHOOD ENVIRONMENT RATING SCALE-3



This session will analyze and discuss each section of the assessment. We will practice scoring and we will discuss the importance of using this assessment rating scale. Participants will be given the opportunity to take part in activities to help them better understand what to look for when using this assessment tool.

**Location:** Virtual

**Dates:**

Monday, August 21, 2023

Tuesday, August 22, 2023

6:00pm-7:30pm

Optional technical  
assistance follow-up

For More Information  
Contact:

Amy Willis  
Early Childhood Specialist  
304-523-9540 Ext: 3443  
[Amy.D.Willis@wv.gov](mailto:Amy.D.Willis@wv.gov)





# WVIT R

Please contact Samantha Davenport, Infant Toddler Specialist  
at [Samantha.D.Davenport@wv.gov](mailto:Samantha.D.Davenport@wv.gov) for more information.

Session 1	Tuesday, July 18, 2023	12:00-3:30 pm
Session 2	Tuesday, July 25, 2023	12:00-3:30 pm
Session 3	Tuesday, August 1, 2023	12:00-3:30 pm
Session 4	Tuesday, August 8, 2023	12:00-3:30 pm
Session 5	Tuesday, August 15, 2023	12:00-3:30 pm

## TACIT VISITS

Session 6	Tuesday, September 5, 2023	12:00-3:30 pm
Session 7	Tuesday, September 12, 2023	12:00-3:30 pm
Session 8	Tuesday, September 19, 2023	12:00-3:30 pm
Session 9	<b>MONDAY</b> , September 25, 2023	12:00-3:30 pm
Session 10	Tuesday, October 17, 2023	12:00-3:30 pm
Session 11	Tuesday, October 24, 2023	12:00-3:30 pm
Session 12	Tuesday, October 31, 2023	12:00-3:30 pm

## TACIT VISITS

Please Note: Session 9 will be held on Monday, NOT Tuesday.  
There will be NO class the week of October 2-6.  
There will be NO class the week of October 9-13.



# Loose Parts Play

## The What, Why & How

### Module Series

In this 5-part series, participants will learn **WHAT** loose parts play is, **WHY** it is important and its benefits, as well as **HOW** to implement it for the children in their care.



### Training Dates

**Module 1— July 18**

**Module 2— July 25**

**Module 3— August 1**

**Module 4— August 8**

**Module 5— August 15**

For more information,  
or to sign up, contact:  
Melisa Dennison  
Early Childhood Specialist—  
TRAILS  
304-523-9540 Ext. 3462  
[Melisa.A.Dennison@wv.gov](mailto:Melisa.A.Dennison@wv.gov)

Modules 1-4 to be held at the Link Office, 611 7th Ave. Huntington, WV

Module 5 Location To Be Determined

All Sessions **6:00-8:00 PM**

# ITPBIS: Infant Toddler Positive Behavior Interventions and Support

## Infant Toddler Positive Behavior Interventions and Support Series:

This series concentrates on social and emotional supports of children in all childcare settings. Based on the Pyramid Model, this five week course will discuss evidence based interventions that promote social, emotional, and behavioral development with infants and toddlers.

### Want more information before deciding??

Check out the Infant Toddler PBIS Director Overview July 6th, 2023.  
Open to all!

Directors must take this session before their staff can attend the ITPBIS Module!

### **\*\*Please note\*\***

**In addition to the 5 sessions required, there will be time allotted for assessments of the environment before and after the course to receive WV STARS hours.**

For more information, contact:

Tracey Adkins, Behavioral Consultant

E: [Tracey.L.Adkins@wv.gov](mailto:Tracey.L.Adkins@wv.gov)

P: 304-528-3472

## Session Information:

Location:

Online

Dates and Times:

Session 1: July 20th, 2023	6:30-8:30p
Session 2: July 27th, 2023	6:30-8:30p
Session 3: August 3rd, 2023	6:30-8:30p
Session 4: August 10th, 2023	6:30-8:30p
Session 5: August 17th, 2023	6:30-8:30p





# West Virginia Early Learning Standards Framework: *Pre-K* with Lesson Planning Module Series



In this 3-part module series geared towards those who work with preschool age children, you will receive an in-depth look at the WV Early Learning Standard Framework. Educators will learn about each of the content areas, domains, clusters, and standards in the framework. As a group, we will brainstorm ways to apply the standards in your weekly lesson plans. Also, resources from Vroom that support brain building activities for preschoolers will be provided. At the end of the series, teachers will take home a completed lesson plan to use as a reference when planning future lessons and activities.

For more information please contact:

Amber Swindler  
Early Childhood Specialist  
Amber.L.Swindler@wv.gov  
304-523-9540 Ext. 3432

Location:  
Link CCR&R  
611 7th Avenue  
Huntington, WV 25701  
2nd Floor Conference Room

**Eat. Learn. Grow.**  
**Bring a lunch and join us:**

**Module 1:** Monday, July 24 12:00-2:00pm  
**Module 2:** Wednesday, July 26 12:00-2:00pm  
**Module 3:** Friday, July 28 12:00-2:00pm

Participants will receive 6 hours of WV STARS credit after completion of series and proof of learning assessment.

Eat. Learn. Grow.

Bring a lunch and learn about:

# ***The Growing Brain: From Birth to 5 Years Old***

*Professional Development for Early Childhood Professionals*

Decades of research indicate that the early years of life are a period of exponential brain development, characterized by great opportunity and vulnerability dependent on the child's relationships and environment.

*The Growing Brain: From Birth to 5 Years Old* is an innovative professional development opportunity that provides a toolkit of how the brain develops, along with ways you can encourage healthy brain development in children from birth to 5 years old.

Participants will develop skills and strategies to:

- understand the architecture and neurobiology of brain development
- support language, cognition, prosocial behavior, and social-emotional development
- reduce toxic stress that can negatively influence brain development of very young children

For more information, visit  
[www.zerotothree.org/growingbrain](http://www.zerotothree.org/growingbrain).



## **Make Plans Today**

**What:** The Growing Brain Curriculum  
7-Part Module Series

**When:** Every Wednesday 12:00pm-3:00pm  
August 23, 2023– October 4, 2023

**Where:** Link Office-2nd Floor Conference Room  
611 7th Ave.  
Huntington, WV 25701

## **Hosted By**

Samantha Davenport  
Infant & Toddler Specialist  
[Samantha.D.Davenport@wv.gov](mailto:Samantha.D.Davenport@wv.gov)  
304.523.9540 ext.3479 &



Amber Swindler  
Early Childhood Specialist  
[Amber.L.Swindler@wv.gov](mailto:Amber.L.Swindler@wv.gov)  
304.523.9540 ext.3432



[Link Child Care Resource & Referral](#)



**ZERO to THREE**  
Early connections last a lifetime

*The Growing Brain: From Birth to 5 Years Old* is brought to you by ZERO TO THREE Professional Development and Workforce Innovations. PDWI aims to elevate the knowledge, skills, and abilities of the early childhood development field.

For additional professional development resources and trainings, visit  
[www.zerotothree.org/PDWI](http://www.zerotothree.org/PDWI).



# Developmental Modules for Children Preschool Age and Up

Facilitator: Amy Willis

Location: Link CCR&R, 611 7th Avenue Huntington WV 25701

Module 1: Cognitive Development.....**September 7, 2023**

Module 2: Physical Development.....**September 14, 2023**

Module 3: Social Emotional Development.....**September 21, 2023**

Each module is scheduled to meet **4:30pm-6:30pm** and are registered as a whole. Participants must attend each module in order to receive credit.

## Online Trainings Offered by Child Care Nurse Health Consultants & Child Care Health Educators

**July 2023 - September 2023**

Please remember when registering for any of these classes, you must register on WV STARS  
and also register on Go To Training using the link found on the WV STARS registration.

Date	Time	Title
July 6th	12:00-1:00pm	Morning Health Checks <b>Lunchtime Learning</b>
July 7th	12:00-1:00pm	Rashes & Scratches <b>Lunchtime Learning</b>
July 10th	6:30-8:30pm	Summertime Safety
July 11th	6:30-8:30pm	Oral Health (HE)
July 13th	5:30-8:30pm	Medication Administration 
July 17th	6:30-8:30pm	All About Allergies
July 19th	10:00-11:00am	Childhood Obesity <b>Morning Session</b>
July 22nd	8:00-11:00am	Medication Administration <b>Saturday Morning</b> 
July 24th	6:30-8:30pm	Safe Sleep
July 25th	5:30-8:30pm	Medication Administration 
July 27th	6:30-7:30pm	Oral health (CCNHC)
August 3rd	6:30-8:30pm	Summertime Safety
August 7th	6:00-7:00pm	Morning Health Checks
August 8th	6:30-8:30pm	New Recipe Ideas 2
August 10th	5:30-8:30pm	Medication Administration 
August 14th	5:30-8:30pm	Medication Administration 
August 15th	6:30-7:30pm	Oral Health (CCNHC)
August 16th	6:30-8:30pm	Stress Management
August 21st	12:00-2:00pm	New Recipe Ideas 1 <b>Lunchtime Learning</b>
August 22nd	5:30-8:30pm	Medication Administration 
August 24th	6:00-7:00pm	Rashes & Scratches
August 29th	6:30-8:30pm	All About Allergies
September 1st	12:00-1:00pm	Respiratory Infections
September 5th	5:30-8:30pm	Medication Administration 
September 6th	6:30-8:30pm	Indoor-Outdoor Safety
September 8th	10:00am-12:00pm	Communicable Diseases in Childcare
September 11th	6:30-8:30pm	Breastfeeding Basics
September 13th	5:30-8:30pm	Medication Administration 
September 14th	12:30-1:30pm	What Can Child Care Nurse Health Consultants and Health Educators Do For You? <b>Lunchtime Learning</b>
September 19th	12:00-1:00pm	Morning Health Checks <b>Lunchtime Learning</b>



## First Aid and CPR Classes

This list of agencies offering First Aid and CPR is made available to you for resource purposes only.  
**Link CCR&R is not responsible for the following trainings or registration for these trainings.**

**Boone County:** Kanawha Co. Red Cross: Call 340-3650 or [www.redcross.org](http://www.redcross.org)

**Cabell County:** Vicki Delaney: Text 606-547-6144 (No calls)  
American Red Cross: Call 526-2900  
Cabell County EMS: Contact Lisa Cooper at 526-9797  
Salt Rock Fire Dept.: Call 733- 9040  
Goodwill Industries of KYOWVA Area, Inc.: Contact Andrea Lupson 304-523-7461 ext.417

**Lincoln County:** Contact Dorothy or William Frazier: Call 778-3873

**Logan County:** LEASA County Public Rescue: Call 752-0917  
Logan Regional Medical Center: Contact Cindy Fleming—Education Dept. 831-1556

**Mason County:** Pleasant Valley Hospital: Call 675-4340

**Putnam County:** Active Sports Complex (aka Ayash Center): Contact Scott Nasby at 741-4079



## **CPR & FIRST AID CLASSES**

Available in Boone, Cabell, Lincoln, Logan,  
Mason, Mingo, Putnam and Wayne Counties!



5411 A Nelson Drive  
Cross Lanes WV 25313



*“Anywhere I see suffering, that is where I want to be, doing what I can.”*

*~ Princess Diana*

# YOU'VE GOT TRAILS

Quarterly Tidbits From Your TRAILS Specialist

## Summer is the Perfect Time for Playful Learning

Here are some helpful suggestions to make this summer fun, but continue the learning process while children are out of school:

- Summer is a good time to teach children about other kinds of community helpers, such as lifeguards, forest and park rangers, as well as summer camp leaders.
- Try cool new ways to paint by making a batch of paint ice cubes, using sidewalk chalk paint, and adding paint to bubbles to make fun bubble art!
- Melted crayon art is all the rage! Instead of melting crayons in the oven, let them bake outside in the hot sun. Not only will this create a beautiful work of art, but will make for a great science lesson, too!
- Take a field trip to the library. Check out your neighborhood library for their summer calendar of activities and story times.
- Visit your local parks. There is nothing more beneficial than outdoor play! Studies show that more outdoor time improves motor development, lowers obesity rates, increases Vitamin D, promotes critical thinking, and engages learning in all other areas of development.

**For more information, activities and ideas, please contact your TRAILS Team!**

## CONGRATULATIONS

The following family child care providers completed the Loose Parts Play Module Series last quarter and deserve to be recognized:

Amy Beckett  
 Lorna Adkins  
 Samantha Adkins  
 Desire' Parsons  
 Kayla Adkins  
 Ashton Damron

**Loose Parts Play:**  
*The What, Why & How*  
 This 5-part series starts  
 July 18th!  
 See Page 15



TRAILS will be collecting inventory during the month of June. If you currently have items checked out, we will be calling or emailing you to schedule a visit to pick up those items. We are working on a HUGE surprise for you and need to collect the inventory to prepare for that!! We hope that the turn around time won't be too long, so that you don't have to go all summer without TRAILS, but what we have in store for you is worth the wait! If you have any questions or concerns about the items being picked up, we can discuss those when scheduling your pick-up visit. You are also welcome to email us at any time. We are so excited to share our surprise with you!

Stay tuned...

## 16 Summer Books For Kids



## summer break



Melisa Dennison  
 TRAILS Early Childhood Specialist  
 Melisa.A.Dennison@wv.gov  
 304-523-9540 Ext. 3462

## Your TRAILS Team

**We're here to help!**

Anna Curnutte  
 TRAILS Early Childhood Associate  
 Anna.R.Curnutte@wv.gov  
 304-523-9540 Ext. 3422



You're Invited  
to a  
Loose Parts Play Date!!

**When:** Saturday, June 24th  
10-12pm  
**Where:** Ritter Park  
Parking near 8th  
Street Bridge  
**Bring:** Your child/children  
**RSVP:** To your child care  
provider  
**Organizer:** Melisa Dennison\*

The Link CCR&R TRAILS Loose  
Parts Co-Op is inviting you to our  
very first loose parts play date!

What is loose parts play,  
you ask?

Loose parts play is using objects  
in play. The objects have no  
specific function or role. It is not  
playing with toys, as toys have a  
defined way in which they are  
used. These objects can be  
anything that is safe and has no  
pre-defined purpose. They can be  
natural or synthetic, large or  
small, and can be used in a  
multitude of child-led ways.  
Join us and see what it's all  
about!



2 hours of Family Engagement  
Refreshments  
Lots of Fun!



\*For more information, contact:  
Melisa Dennison  
Early Childhood Specialist—TRAILS  
304-523-9540 Ext. 3462  
[Melisa.A.Dennison@wv.gov](mailto:Melisa.A.Dennison@wv.gov)





The West Virginia Breastfeeding-Friendly Child Care Designation (BFCCD) offers resources to child care providers who support breastfeeding mothers. A child care provider enrolled in the initiative will receive support from Infant/Toddler Specialists, child care Nurse Health Consultants, and child care Health Educators to complete the 10 steps of the initiative. Upon completion of the 10 steps, the site will receive a certificate of designation in addition to help with resources and start up.

For more information, contact your Infant/Toddler Specialists at Link CCR&R:

[Paula Tilley](#)

[Paula.S.Tilley@wv.gov](mailto:Paula.S.Tilley@wv.gov)  
304-523-9540 ext. 3442

[Samantha Davenport](#)

[Samantha.D.Davenport@wv.gov](mailto:Samantha.D.Davenport@wv.gov)  
304-523-9540 ext. 3479



## To Apply for the Breastfeeding-Friendly Child Care Designation

1. Go to [wvit.org](http://wvit.org)
2. Click on BFCCD at the top of the page.
3. Read through the initiative description, including the 10 steps to receive the designation.
4. Follow the directions to submit your application.



# West Virginia Child Care Health Educators

## Training Topics:

- All that Sugar and Fat
- Beans...More than Just Cute Songs
- Bed Bugs and Beyond
- Being a Good Role Model
- Breastfeeding Basics
- Identifying Environmental Hazards 1
- Identifying Environmental Hazards 2
- Indoor and Outdoor Safety
- Let's Make a Menu
- Let's Move
- New Recipe Ideas 1
- New Recipe Ideas 2
- Oral Health
- Picky Eaters
- Planting Seeds for Healthy Eating
- Safe Sleep Practices
- Stress Management
- Understanding Special Dietary Needs

Harmony Vance can host free, STARS registered trainings on health, safety, and nutrition topics. Face-to-face and online trainings are available. Please check the WV STARS calendar for more information.



West Virginia  
Child Care Health  
Educators

Harmony Vance

611 7<sup>th</sup> Avenue

Huntington, WV 25701

Phone: 304-529-7603 ext.3437

Cell: 304-690-5826

Email: [hvance@rvcds.org](mailto:hvance@rvcds.org)

[www.wvearlychildhood.org](http://www.wvearlychildhood.org)

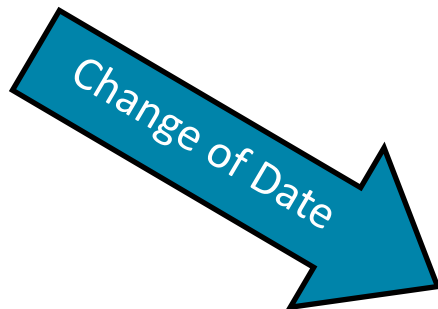
[www.rvcds.org](http://www.rvcds.org)

This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources and is administered by West Virginia Early Childhood Training Connections and Resources, a program of River Valley Child Development Services.

# Great Beginnings



INFANT/TODDLER  
CONFERENCE



**September  
28, 29, and 30**

Waterfront Hotel, Morgantown  
Registration Opens August 15, 2023

**Yes!** *Speakers will be in person.*

**Yes!** *There will be model rooms.*

**Yes!** *We want to see you there!*



# JOIN OUR LOCAL COUNCILS



## Meetings

Small groups meet twice a year to discuss the implementation of ACDS in their counties.

## Members

Members include directors, child care resource & referral, BOE, head start, instructors journeypersons, and family child care providers.



## JOIN US NOW!

To find out more information about the local council in your area, visit the ACDS website and go to the local council page under resources.

[www.wvacds.org](http://www.wvacds.org)



RIVER VALLEY CHILD  
DEVELOPMENT  
SERVICES



# ACDS REGISTRATION

## ABOUT ACDS

ACDS is a 4 semester apprenticeship program for individuals working directly with children birth to age 12 for a minimum of 20 hours a week. Classes are one evening a week for 15 weeks a semester. Virtual classes are available for counties that do not offer an in-person option.

## PARTICIPATION

Registration for the Fall 2023 semester will open June 1 and run through the first of August. For the Fall 2023 class schedule and program information, visit the ACDS website.

## REGISTRATION



### STEP ONE

Visit the WV STARS training calendar and search self-paced courses for all ACDS orientations.



### STEP TWO

Complete registration that is linked at the end of each orientation.



### STEP THREE

Submit \$25.00 registration fee to ACDS program. Checks and cards are accepted. Credit card form is on ACDS website.



304-523-0433



[www.wvacds.org](http://www.wvacds.org)



[wwacds@rvcds.com](mailto:wwacds@rvcds.com)



## FOOD REIMBURSEMENT



For information about enrolling in the Family Child Care Food Program to help with the costs of meals and snacks you serve the children in your care, please contact the following agency:



<p><b><u>Central Child Care</u></b></p> <p>Serving Boone County (304) 382-0797</p>	<p><b><u>Pride of Logan County</u></b></p> <p>Serving Logan County (304) 752-6868 or (304) 752-1047</p>	<p><b><u>River Valley Family Child Care Food Program</u></b></p> <p>Serving Cabell, Lincoln, Mason, Mingo, Putnam and Wayne Counties (304) 523-3417 ext.3446 or 1-304-751-5253</p>
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In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint alleging discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call, toll free, (866) 632-9992 (Voice). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay at (800) 877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider. and employer.



### 1. Hummus and Veggies

Did you know hummus is made from chickpeas? AND by serving your child hummus, you're helping him or her meet their daily vegetable recommendations (even though chickpeas are technically a legume).

### 2. Sweet and Savory Snack Crackers

Instead of a heavy sandwich that may fill your kids up before a meal, try Sweet or Savory Snack Crackers. And bring in your little helpers to let them make their own stackers. Here are some flavor combos that we love:

- Savory: Whole wheat cracker, lean roast beef, 1/4 slice of cheddar cheese, pickle
- Savory: Buttery round cracker, 1/4 slice of mozzarella cheese, pepperoni, grape tomato
- Sweet: Graham cracker square, peanut butter, cinnamon, berry
- Sweet: Gingersnap, cream cheese, fresh cherry

### 3. Fruit and Yogurt Frozen Pops

Popsicles for BREAKFAST? ABSOLUTELY!! Think about it...if you take the yogurt you were already going to eat for breakfast, blend it up with some fresh or frozen fruit and a splash of milk or juice and freeze it into a pop, what's so unhealthy about that?

### 4. Homemade Trail Mix

Make your own trail mix at home using what you have on-hand like popcorn, whole grain cereal, mini chocolate chips, raisins, almonds, and sunflower seeds. Easily customizable to each child's tastes.

### 5. Cut Fruit

By taking just a few minutes on the weekend or in the evening before beginning the next day to prep your healthy snacks like cantaloupe and watermelon, kids are more likely to reach for those when hunger strikes.

## CABELL/WAYNE FAMILY CHILD CARE ASSOCIATION



Congratulations to Kathy Baker for becoming the first child care provider in the state of WV to earn the WV Child Care Credential! Thank you, Kathy, for the wonderful work you do in the early childhood community and for the amazing experiences you provide for the children in your care.

The Cabell Wayne Family Child Care Association would like to invite ALL providers from ALL counties to join us. If you have any questions feel free to call or text Kathy Baker, President, at 304-638-7578 or email me at [mrskathys@comcast.net](mailto:mrskathys@comcast.net) so I can add you to our email list and you can start receiving information about the association and other helpful information. We would like to have all providers' email addresses, so please email me at the address above so you can be added to the list serve. We hope to see lots of new providers at the meetings.

### Next Meeting:

Date: Saturday, September 9th

Time: 10:00am-12:00pm

Location: Mrs. Kathy's Daycare

3404 Nickel Plate Road  
Huntington, WV 25702.



Are you interested in making \$6 more per child per day???? If so, contact Kathy Baker at 304-638-7578 or email at [mrskathys@comcast.net](mailto:mrskathys@comcast.net) for more details.





WVAYC

# FAMILY CHILD CARE COMMITTEE



## BENEFITS

- ✓ DISCOUNTED RATES AT EVENTS
- ✓ NETWORKING OPPORTUNITIES
- ✓ MEMBERS ONLY OPPORTUNITIES
- ✓ NEWSLETTERS & ARTICLES
- ✓ SECA MEMBERSHIP & SITE
- ✓ EXTRA SUPPORT WITH NAFCC ACCRED



## Contact Us For More Information :

Kathy Baker  
Tiffany Gale  
[wvfamilychildcarecommittee@gmail.com](mailto:wvfamilychildcarecommittee@gmail.com)





WVAYC

# FAMILY CHILD CARE COMMITTEE



Contact Us For More Information :

Kathy Baker

Tiffany Gale

[wvfamilychildcarecommittee@gmail.com](mailto:wvfamilychildcarecommittee@gmail.com)

## MEETING DATES 6:00PM

- May 22, 2023
- June 26, 2023
- July 31, 2023
- August 28, 2023
- September 25, 2023
- October 30, 2023
- November 27, 2023
- December 18, 2023





### LINK CHILD CARE RESOURCE & REFERRAL

Link Child Care Resource and Referral is a program of River Valley Child Development Services and is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources.

Visit us on the web:

[www.linkccrr.org](http://www.linkccrr.org) or

[www.rvcds.org](http://www.rvcds.org)

WEST VIRGINIA  
Department of



## COME SEE US!



### MAIN LINK OFFICE

611 7TH AVE.  
HUNTINGTON, WV 25701  
(800) 894-9540 OR  
(304) 523-9540  
(304) 697-4821 FAX



### LOGAN OFFICE

19 CIRCLE DR.  
LOGAN, WV 25601  
(304) 752-3932  
(304) 752-2897 FAX

Link Child Care  
Resource &  
Referral  
611 7th Avenue  
Huntington, WV 25701



[www.facebook.com/](http://www.facebook.com/)

